

Faculty Guide

Fall Risk Clinical Evaluation Exercise (Mini-CEX)

Overview

This Fall Risk Clinical Evaluation Exercise (Mini-CEX) is designed to use with a learner during a patient encounter. The learner is observed by a teacher during a patient encounter involving a fall risk assessment. The teacher completes the form and then reviews it with the learner to provide feedback of what skills were not observed, partially achieved (prompting required), observed or not applicable. The learner may retain a copy of the form for their educational purposes. The Fall Risk Clinical Evaluation Exercise (Mini-CEX) may be used multiple times for the same learner.

Instructions

1. The learner or teacher obtains consent from the patient to be observed having a standardized form completed during a patient encounter for the learner's education.
2. The teacher enters the date and evaluator name (teacher).
3. The teacher observes the learner during a patient fall risk assessment encounter.
4. The teacher documents on the form one of four responses (ie not observed, partially achieved, observed or not applicable) about learner's communication about identifying fall risk, asking about patient's function, identifying medications associated with falls, determining need for orthostatic blood pressure assessment, observing gait and balance, and arranging appropriate follow up.
5. The teacher documents yes or no if a Timed Up and Go (TUG) was completed.
6. If a TUG was achieved, the teacher has the option to document on the form one of the four responses (ie not observed, partially achieved, observed, or not applicable) about a learner's communication about giving test directions, timing patient at Go, observing patient stability, observing patient gait, completing timing when patient sits down and verbalizing patient's fall risk based on timing of the TUG test.
7. The teacher documents yes, no or not necessary if teach back was offered to confirm a patient's understanding of assessment if a TUG was performed.
8. The teacher documents yes, no or not necessary if additional time was provided to the patient and/or family to address concerns related to the TUG test results.
9. The teacher documents additional comments, observations or feedback.
10. The teacher provides feedback to the learner about the observed communications and behaviors after the patient encounter and reviews the completed form with the learner.
11. The learner may receive a copy of their Fall Risk Mini-CEX for their record.
12. This form may be used multiple times for the same learner.